



Serena Teacher Training Part 1

Fall 2023 - Schedule

The Serena Teacher Training Program involves self-study and mentor couples who will meet with you either in-person or by video conference at regularly scheduled intervals.

Teacher Training Part 1 - Schedule of Online Sessions Promoting Natural Family Planning

Sessions are planned for **Saturdays at 3pm Eastern Time** and will last 1 to 1:30 hours.
Each session has accompanying **readings** to be completed **prior** to each session.

To receive the first set of readings and to be prepared for the first session,
please register @ serena.ca/teach

Introduction to Serena & Teacher Training **October 14th 2023**

An opportunity to meet like-minded people, learn about Serena and ask questions.

Reproductive Anatomy & Physiology **October 28th 2023**

A review of what you know plus the opportunity to learn more.

Promotion of Natural Family Planning **November 18th 2023**

Tools & techniques to effectively talk about Natural Family Planning with others.

Family Planning Methods & Effectiveness **TBD**

Exploring the reasons couples choose various Family Planning Methods.

Part 1 will conclude by writing an **exam** & making a **promotional presentation**.

Email info@serena.ca and visit serena.ca/teach for more information.

